

7.2 Best Practices

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

Best practice-1:

1. Title of the Practice:

Morning prayer

2. Objectives of the Practice:

Prayer plays important role in one's life. Morning when we start a day by doing prayer to almighty, it will enhance our mental health. It will increase one's concentration level. The institute with the aim of incubating moral and ethical value's within students started this new practice.

3. Context:

The Institute started morning prayer with the following context keeping in mind.

- a) Harmonious development of body, mind and soul and promotion of universal values.
- b) Cultivate inner calmness - a way to peace
- c) To help others
- d) To preach and practice truthfulness.
- e) To deal with academic and emotional stress by tapping their inner sources of strength.
- f) To develop a positive attitude

The practice:

The Institute has practiced the following

- a) Lectures on human values are organizing regularly.
- b) Student counseling sessions are organizing every weekend.
- c) Women's day was organized on 13 March 2020, where speaker told importance of woman empowerment and how to maintain physique and mental health through yoga and meditation.
- d) On 5th Feb 2020, Nirbhaya kanya abhiyan was organized by Women's cell where self defense and practice of yoga was highlighted.

Evidence of Success:

Students are increasingly taking interest in this practice. They are understanding human values more now. Even their percentage in exams are also improving.

Problem encountered:

1. Shortage of infrastructural facilities: A separate prayer room is needed to conduct this in a mass level or each class should have sound system connecting to central system
2. Shortage of manpower: As this is now maintain by only two staff, to have more effectiveness few more dedicated trainers are required.

Resources required:

Removal of infrastructural bottlenecks and more manpower will help to strengthen this practice further.

Best practice-2:

1. **The title:** Internship during vacation to students for improving soft and interpersonal skills

2. Objectives of the practice:

The main objective of this practice is to improve soft and interpersonal skills in students

3. Context:

By keeping in mind the following points this practice has been started by the institute

- a. To improve the soft skills of students
- b. To improve the interpersonal skills among students
- c. To build confidence in students to face campus drives effectively
- d. To enhance technical skills

The practice:

The Institute has practiced the following

- Arranged internal internship program from 16th - 29th December 2019 for all branches students
- Identified and informed students key core companies of respective branch where they can go for external internships during vacation
- Conducting seminars after returning from vacation to check what they learnt during vacation
- Signed MOU's with leading training agencies who are delivering skill oriented programs

Evidence of Success:

Because of this practice the students are preparing and doing well in campus drives. This is enhancing their chances of getting inducted in the companies. This we are observing in our placements.

Problem encountered:

1. Lack in students interest: As students show some reluctance at start of practice as why to do all these during vacation. But after counseling they convinced.
2. Regular attendance: Attending regularly all the working days by the all students is another problem encountered during the sessions.

Resources required:

Students counseling towards the importance of internships during their vacation and importance of industrial exposure during their study career can enhance further achieving success of this practice.